



Cardiff Royal Infirmary Newsletter

September 2022

Published by the Arts for Health and Wellbeing Programme as
part of *Cardiff Royal Infirmary; People, Place, Future*

About the Project

The Arts for Health and Wellbeing Team at Cardiff & Vale Health Charity have secured funding and support from the Arts Council of Wales from the new National Lottery Arts, Health and Wellbeing Fund. The project aims to re-frame a deeper, more accessible relationship to NHS services for all, through the creative arts and to people in their communities at Cardiff Royal Infirmary.

Follow us on social media to keep up-to-date with this project #ArtsatCRI



Good luck to Lisa-Marie Mansfield!

You may have met our wonderful photographer Lisa-Marie, who has supported us by taking your photographs on multiple projects with Cardiff Royal Infirmary; People, Place Future! This October, Lisa-Marie will be running the Cardiff Half Marathon to raise funds for the Arts for Health and Wellbeing Programme. You can support Lisa-Marie by making a donation to her [JustGiving Page](#)

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September 2022

The Arts for Health and Wellbeing team have been working on a range of creative projects...



Rhian Gregory Kindly Donates Calming Woodland Photography Prints to SARC

Photographer Rhian Gregory has kindly donated two woodland photography canvas prints to the Sexual Assault Referral Centre (SARC) at Cardiff Royal Infirmary. Rhian has previously exhibited with the Arts for Health and Wellbeing Programme and we are delighted to be able to display her photography for staff and patients to enjoy at the newly refurbished centre. [Find out more](#)

Poetry Writing Sessions with LINKS Community Mental Health Services

Inspiring artist and spoken word poet, Duke Al is delivering poetry writing sessions to the LINKS Community Mental Health Services service users. Duke develops his sessions from his personal experience, *"Writing rhymes is my therapy. From a young age, I'd scribble raps and poems in my old lyric book. It was my way of expressing myself; an escapism to challenge my OCD."*



Portrait Photography Opportunity for Staff

Lisa-Marie Mansfield is working on a portrait opportunity for staff working at Cardiff Royal Infirmary. To have your photograph taken or for more information, please contact bex.betton@wales.nhs.uk

Christmas Wreath Making Workshop

Keep an eye out for details of our Christmas Wreath Making Workshop taking place this November...



Cardiff Royal Infirmary Newsletter

September 2022



The Staff Lottery Bids Panel are pleased to approve several bids from staff at Cardiff Royal Infirmary. To submit a bid for Cardiff & Vale Health Charity's Staff Lottery or to become a lottery member to be in with a chance of winning £1,000 on each weekly draw, [please visit our website.](#)

The CRI at Tredegarville Church in Wales Project

Funding from the Staff Lottery has been granted to create a book in digital and paper copy from Daniel Buck's workshops with year 5 students at the school, which focus on developing storytelling and creative habits drawing inspiration from the local community around Cardiff Royal Infirmary. The book will then go on sale to raise funds for the Arts for Health and Wellbeing Programme.



Art for SARC

The Staff Lottery Bids Panel recently approved a bid to brighten up the space of Ynys Saff at SARC at Cardiff Royal Infirmary in an aim to create a safe and nurturing environment for those who come to use the Sexual Assault Service. The Bids Panel hope the artwork brings solace and tranquillity to those who need it most. [Find out more here](#)



Cardiff Royal Infirmary Timeline

With support from Staff Lottery funding, the Arts for Health and Wellbeing Programme are delighted to produce the CRI Timeline, a project highlighting 200 years of organised healthcare being provided in the South and East Cardiff Locality area. The timeline will soon be installed in the Therapies corridor. The Arts team would like to say a huge thank you to all staff who contributed to the project.



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Recent News



CAVHIS 1- Year Anniversary of the Rebrand

It has been 1 year since Cardiff and Vale Health Inclusion Service (CAVHIS) rebranded. Throughout the past year, CAVHIS has supported those who find it challenging to access healthcare and empower these individuals to register at GMS Practices. Congratulation to CAVHIS staff for all you have achieved this year.

CRI Operational Group Meeting

The next CRI Operational Group Meeting will take place on the 29th November 2022.



Welcome to Cardiff Royal Infirmary!



Cathy Turner, Community Inclusion Officer

"As my job is to extend the council's health and wellbeing offer to people in the local area. Please be on the look-out for arts and crafts-based events, which may incorporate but (I hope) go beyond the traditional knit and natter groups, but also a range talks, groups and activities on site or in conjunction with Central library and other community hubs and resources."

Juliet Doherty, Deputy Operational Manager of Department of Sexual Health

"I will be assisting the operational manager with the day to day running of the admin team , introduce and hopefully implement new ideas and support with any changes within the department . I will also Support Nursing and Consultants and oversee Outpatients clinics , IT support ."



Cardiff Royal Infirmary Newsletter

September 2022

Artwork in Remembrance of a Loved One

Commissioning a bespoke artwork to be displayed at your hospital site is special way to share a loved one's legacy.

Jayne Catherall raised funds to commission a stunning poppy themed artwork to reflect the joy poppies brought to her mum, June which can now be shared with staff, patients and visitors at UHW. [For more information click here.](#)



Ways to Support Us

In For a Penny

The Health Charity team have been visiting Cardiff and Vale UHB sites including Cardiff Royal Infirmary with this stunning on-theme artwork by Nathan Wyburn to answer your questions about In For a Penny. [To find out more about the payroll giving scheme, please click here.](#)



Masquerade Halloween Ball

Taking place on the 28th October 2022 at Mercure Holland House Hotel and Spa, in aid of the Prop Appeal which supports patients at University Hospital Llandough who are suffering from an acquired brain injury. Tickets cost £45 each, [purchase yours here](#)



Welsh 3 Peaks Challenge

There's still time to sign up to the Welsh 3 Peaks Challenge! Find out more by visiting our [webpage](#) or contact us with any questions you have: fundraising.cav@wales.nhs.uk

