



Cardiff Royal Infirmary Newsletter

November 2021

**Published by the Arts for Health and Wellbeing Programme as
part of *Cardiff Royal Infirmary; People, Place, Future***

About the Project

The Arts for Health and Wellbeing Team at Cardiff & Vale Health Charity have secured funding and support from the Arts Council of Wales from the new National Lottery Arts, Health and Wellbeing Fund. The project aims to re-frame a deeper, more accessible relationship to NHS services for all, through the creative arts and to people in their communities at Cardiff Royal Infirmary.

Follow us on social media to keep up-to-date with this project #ArtsatCRI



@CAVUHBarts



@CavuhbArts



@theearthgallery



Purchase a pack of 10 A5 prints
showcasing the work of the Arts
for Health and Wellbeing
Programme for £10.



[BUY HERE](#)



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The Arts for Health and Wellbeing Team have introduced several new art installations...



Artwork Celebrating Cultural Diversity

Three artworks, funded by NHS Charities Together, have been produced to acknowledge diverse communities throughout Cardiff and the Vale of Glamorgan and are representative of what Cardiff and Vale University Health Board offers within its services; placing humanity, kindness and compassion at the centre of its service design, aiming to remove the barriers that create undue effort and separation. The artworks are displayed in the main corridor.



Adele Pask
Synergy

[Read more here](#)



Ophelia Dos Santos

In loving memory of Micheal Dos Santos 1938-2021

[Read more here](#)



Clare Williams
Colours of the NHS
[Read more here](#)

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Artwork in recognition of LGBTQ+ Pride



The Arts for Health and Wellbeing Team were proud to commission LGBTQ+ Artist, GUNK Illustration, to produce *Wonder*. The artwork is located close to the Department of Sexual Health, where many LGBTQ+ and non-binary people receive medical care.

[Read more here](#)

Poetry Vinyl for Cardiff and Vale Health Inclusion Service



The Arts team have worked with the practice to create a warm and welcoming environment for patients and their families using art, and including poetry in the wall art has also helped to promote a calm and tranquil experience for those attending the clinic.

[Read more here](#)

Share your CRI Story

Do you have a story you would like to share with us about Cardiff Royal Infirmary? It could be about you, a friend or a relative, either as a patient, visitor or member of staff. Whether it's a fond memory or an inspiring photograph, the Arts for Health and Wellbeing team would love to know about it for a chance for it to be included in the Cardiff Royal Infirmary; People, Place, Future project.



» [SHARE HERE](#)

www.cardiffandvale.art/cardiff-royal-infirmary-people-place-future

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Recent News

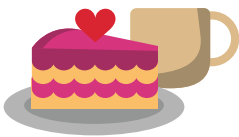
CAVHIS Launch

Formally known as Cardiff Health Access Practice (CHAP), the service is re-branding to become Cardiff and Vale Health Inclusion Service (CAVHIS). The change in model seeks to work together with external and internal partners with the aim of widening access to healthcare for those who traditionally struggle to access it and to contribute to reducing health inequalities.



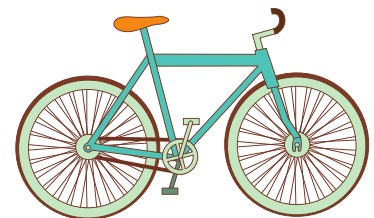
Successful Fundraiser by the Psychological Department

Well done to the staff at the Psychological Department who raised over £150 for MacMillan and £25 for the Poppy Appeal, through their coffee morning.



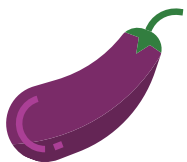
New Bike Rack

A new bike rack has been installed within the bike shed to support staff who cycle to and from work. The new bike rack provides a safe storage facility for both staff and patients and was funded by Cardiff & Vale Health Charity's Staff Lottery.



Department of Sexual Health Relaunch Under 18's Clinic

The Department of Sexual Health is now running a drop in clinic for people under the age of 18 on Tuesdays 2pm – 5pm.



Rose Drop Jewellery are kindly donating 25% from each sale to the Arts for Health and Wellbeing Programme until 31/12/2021.

To make a purchase, please visit: www.rosedropjewellery.com



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Water Refill Station

Following the success of the water stations at Barry and St David's Hospitals, Cardiff & Vale Health Charity have now had a further 4 water stations installed including one at CRI. Already, over 241 bottles have been refilled from the new machine at CRI, so don't forget to carry your re-usable water bottle and keep hydrated!

[Read more here](#)

Ways to Support Us

Make a Donation

We appreciate every donation made to the Arts for Health and Wellbeing Programme. If you would like to support us by making a donation, please scan the QR code or click on the link:

www.justgiving.com/campaign/artsforhealthandwellbeing



Fundraise for Us

If you already have an idea for how you'd like to fundraise, please get in touch! We'd love to be able to support you and provide any help we can.

Email us at: fundraising.cav@wales.nhs.uk

Sign up for our *Staff Lottery*

Money raised will benefit both staff and patients and will give you the chance to win £1,000 on each weekly draw, plus, 2 Super Draws every year! [Find out more](#)

Register for *In for a Penny*

A payroll giving scheme, raising money by literally donating pennies from your salary every month. [Find out more](#)

Recycle your Personal Ink Cartridges with Think Inks

A FREE postal ink cartridge recycling scheme where each ink cartridge could raise up to £5 for Cardiff & Vale Health Charity. [Find out more](#)

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