



# Barry Hospital Update - May 2021

**Relocation of the Adult Phlebotomy Room, Barry Hospital** – In September 2020 colleagues from the Phlebotomy Team submitted a Staff Lottery application for funds to relocate the phlebotomy bleeding room at Barry Hospital. During 2019, the phlebotomy department at Barry Hospital bled 43,204 patients and serves all the GP Surgeries in Barry along with additional patients through the outpatient service.

The original facilities had two bleeding chairs and was a short walk away from the main phlebotomy waiting room. With new Covid restrictions in place, this area was no longer suitable to accommodate two phlebotomists at a time. Prior to Covid, demand was already stretched and the requirement for a third phlebotomist had already been identified.

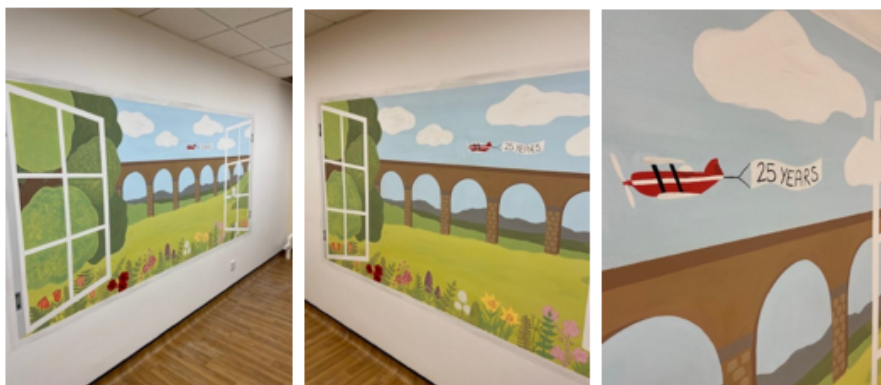
Funding from the Staff Lottery allowed the service to be relocated to a much more suitable area, located next to the new Paediatric Phlebotomy Room, and right next to the waiting room. This new area can house three chairs, allowing all three phlebotomists to see patients and reducing the waiting time for patient appointments. The room will also be Covid safe by having screens up between bleeding work stations, and increasing capacity to 930 appointments per week (currently 565 with Covid restrictions in place).

As an extra addition to this new area, Cardiff & Vale Health Charity contributed money for the 25th Anniversary Celebration Fund to commission a wall mural in this newly refurbished area. As there is no window in the new room, staff suggested an image of an open window looking onto a peaceful, bright and colourful view. Following the success of Rose McDonald's wall mural in the Paediatric Phlebotomy area (located just next door) created in June 2019, the team at Cardiff & Vale Health Charity knew just who to contact for another piece of art for the new Adult Phlebotomy Area.

After discussion with Rose and the team it was decided she would focus on a local landmark, the Viaduct at Porthkerry Park in Barry. Rose said: "To celebrate Barry Hospital's 25th anniversary, I created a large-scale window mural of Porthkerry Park, Barry. The adult phlebotomy room has no windows, so this colourful landscape will make a huge difference to the room for both the staff, and patients. I thoroughly enjoyed working on this mural and feel honoured to create such a memorable piece of artwork for the hospital. I would like to thank the Cardiff & Vale Health Charity for funding this fantastic project."

Read more about this project here:

<https://healthcharity.wales/new-mural-marks-the-25th-anniversary-of-barry-hospital/>



For more information email: [sue.dickson-davies2@wales.nhs.uk](mailto:sue.dickson-davies2@wales.nhs.uk)

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**Spring Exhibition** - Cardiff & Vale Health Charity's Arts for Health and Wellbeing Team are delighted to present a new body of work by members of Cowbridge Art Society for our Spring Exhibition at Barry Hospital.

Many members have continued to create artworks throughout lockdown, and this exhibition showcases a variety of genres, styles and approaches by talented local artists.

Cowbridge Art Society (CAS) was founded in 1960, starting as an Art Appreciation group, with the aim: "to promote and foster the appreciation of, and participation in the visual arts"

CAS continues to thrive, based in Cowbridge, in the Vale of Glamorgan. It has approximately 70 members, the majority of whom are artists ranging from beginner to highly accomplished.

Find more information about CAS via their social media accounts @CowbridgeArtSociety or website [www.cowbridgeartsociety.com](http://www.cowbridgeartsociety.com)

If you would like more information about the artworks on display, please contact [melanie.wotton@wales.nhs.uk](mailto:melanie.wotton@wales.nhs.uk)

The exhibition can also be viewed here: [www.cardiffandvale.art/2021/03/30/cowbridge-art-society](http://www.cardiffandvale.art/2021/03/30/cowbridge-art-society)



**Watch this Space! Staff Wellbeing Poetry Installation** – Working with Grosvenor Interiors, Cardiff & Vale Health Charity will be installing a number of pieces of Staff Wellbeing Poetry in the Mary Lennox Community Room at Barry Hospital.

These poems have been specifically commissioned to support staff wellbeing by the National Museum of Wales. These will be situated across all hospital sites in the coming weeks, as a positive and uplifting addition to some of the artwork already on display. There will be an update in the next Barry Hospital Newsletter.

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## Update on current services - Barry Minor Injuries Unit (BMIU)

All appointments are to be made Via Cav24/7 - Tel: 0300 10 20 247 where the patient will be directed to the appropriate service (GP, Dentist, Pharmacy, Physio). There is scope to see two Emergency patients per hour, which will be done on merit.

BMIU is returning to two Nurse Practitioners at this time, who will be working from 8:30am-16:30pm.

For any eye queries, the Vale Eye Clinic is open at Highlight Park Surgery 01446 484114 9am-1pm Monday to Friday - [www.valeeyecare.com](http://www.valeeyecare.com)



**Pelvic Health Service** - The Pelvic Health Community Hub is due to open in the Outpatient Department at Barry Hospital in Spring 2021. The aim of the Hub is to deliver patient- focused support, advice and treatment options for the management of pelvic floor disorders.

The central objective of the service is to provide a multidisciplinary approach towards patient care consisting of consultant colorectal surgeons, urogynaecologists, physiotherapists, dieticians, clinical nurse specialists, continence advisors and a pain management team.

The intent is to reduce waiting times and improve pelvic health services within the Cardiff and Vale of Glamorgan locality.



**Car Parking** – A gentle reminder that the front car park at Barry Hospital is for patients and visitors only. Could all staff please ensure they use staff parking, or park off-site. The hospital has received some informal complaints about patients - some elderly, not being able to park for their appointments. Your ongoing assistance would be appreciated, thank you.



**Help us find our NHS Star!** – In March, a gentleman visited Barry Hospital asking after a staff member called Cath who had helped him when he collapsed outside University Hospital Llandough on Saturday 20th March 2021. This member of staff had assisted the gentleman and stayed with him until an ambulance arrived.

The gentleman came to Barry Hospital hoping to find Cath to thank her for her help and support, and had also brought gifts as a thank you. Despite colleagues appealing for information, 'Cath' has not yet been found. Could this be you??

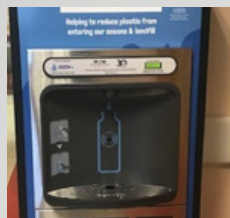
Everyone would love for this very kind person to receive the thanks she deserves!! The very grateful gentleman has left a card with his telephone number so we can contact him if she is found. Please contact [Lavinia.neilsen@wales.nhs.uk](mailto:Lavinia.neilsen@wales.nhs.uk) with any information. Thank you.

For more information email: [sue.dickson-davies2@wales.nhs.uk](mailto:sue.dickson-davies2@wales.nhs.uk)

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**Water Station** - Nearly 6500 refills have now been recorded on the bottle filling water station since it was installed in June 2020. The installation of this machine, located just inside the main entrance, has prompted various requests for similar machines across other hospital sites, with staff, patients and visitors really benefitting from easily-accessible free chilled water.

Please follow all Covid restrictions when using the refill station, keep it safe for everyone to easily hydrate throughout the day.



**Health Charity Face Masks** - You may have seen the limited edition Health Charity Diolch NHS face masks being advertised via our social media, Staff Connects and Charity Ambassador channels prior to Christmas.

These face masks, made from smart antibacterial fabric, are available at a cost of £5 each.

Should you wish to purchase one of these masks or any other Health Charity merchandise, please contact the Health Charity on [fundraising.cav@wales.nhs.uk](mailto:fundraising.cav@wales.nhs.uk), or to order masks online, please follow this link <https://healthcharity.wales/events/diolch-nhs-face-masks/>



**Bike Health Checks** - working with local charity Cardiff Pedal Power, and funded by Cardiff & Vale Health Charity, on Thursday 29th April we offered staff FREE Bike Health Check sessions at Barry Hospital. These sessions (also being held at 3 other hospital sites) were incredibly popular and booked out weeks in advance.

Following the initial 'Health Check', staff attending these sessions were advised on any 'larger' jobs required for their bikes, with information on what was needed, and where best to book bikes in for any additional work.

This project helped the UHB meet its commitments under the Healthy Travel Charter - further information can be found here: [www.healthytravel.wales/charters](http://www.healthytravel.wales/charters)

Any feedback from staff members that benefitted from this scheme would be really useful. Please email: [sue.dickson-davies2@wales.nhs.uk](mailto:sue.dickson-davies2@wales.nhs.uk) we would love to hear from you!

Read more about this story on the Health Charity website here: <https://healthcharity.wales/bike-health-check-sessions-were-wheelie-good/>

For more information email: [sue.dickson-davies2@wales.nhs.uk](mailto:sue.dickson-davies2@wales.nhs.uk)

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**Support Cardiff & Vale Health Charity** - Cardiff & Vale Health Charity and the Arts for Health and Wellbeing teams have been working hard to improve and enhance the facilities available for all at Barry Hospital. There are so many ways you can easily get involved and support Cardiff & Vale Health Charity which in turn will support you, your colleagues, your patients and any visitors to our hospital and community sites.

Looking ahead to 2021, there are so many ways you can get involved to support Cardiff & Vale Health Charity:

- **In for a Penny** – a payroll giving scheme by literally donating pennies every month.  
<https://healthcharity.wales/app/uploads/2020/01/IN-FOR-A-PENNY-FINAL-JUNE-2019-Fillable-002.pdf>
- **Think Inks** – a personal ink cartridge recycling scheme – FREE to recycle and money raised will benefit Cardiff & Vale Health Charity [www.think-inks.uk/nhs](http://www.think-inks.uk/nhs)
- **Join in with our VIRTUAL events** – follow us on Facebook, Twitter and Instagram to hear the latest, and take a look at our website: [www.healthcharity.wales](http://www.healthcharity.wales)
- **Why not sign up for a 2021** challenge with us and raise money for your ward, department or local hospital. The Big NHS Jump taking place in September 2021 would be the perfect way to 'jump' start your support!



**The Big NHS Jump  
September 2021**

Cardiff & Vale Health Charity is partnering with Skyline to launch a campaign encouraging people to give thanks to our incredible NHS by taking on the ultimate adrenaline rush in support of Cardiff & Vale Health Charity.

Email: [fundraising.cav@wales.nhs.uk](mailto:fundraising.cav@wales.nhs.uk) for more information

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**Sign up for our Staff Lottery** – money raised will benefit both staff and patients and will give you the chance to win £1,000 on each weekly draw, plus two SuperDraws every year! Visit <https://healthcharity.wales/hospital-staff/staff-lottery/>




## SUPERDRAW ALERT

Sign up to our **£5,000** SuperDraw taking place on Friday 25th June 2021.

One lucky lottery member will win £5,000 in addition to four £1,000 winners.

Sign up by May 31st 2021 to be in with a chance of winning.





## SUPERMEGADRAW ALERT!!!

Sign up for the **£21,000** SuperMegaDraw which is taking place on 26th November 2021. To be eligible to be in with a chance of winning you must sign up to the Staff Lottery by 29th October 2021.

To find out more visit:  
<https://healthcharity.wales/staff-lottery/>



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