



# Cardiff Royal Infirmary Newsletter

## January 2022

**Published by the Arts for Health and Wellbeing Programme as  
part of *Cardiff Royal Infirmary; People, Place, Future***

### About the Project

The Arts for Health and Wellbeing Team at Cardiff & Vale Health Charity have secured funding and support from the Arts Council of Wales from the new National Lottery Arts, Health and Wellbeing Fund. The project aims to re-frame a deeper, more accessible relationship to NHS services for all, through the creative arts and to people in their communities at Cardiff Royal Infirmary.

Follow us on social media to keep up-to-date with this project #ArtsatCRI



@CAVUHBarts



@CavuhbArts



@theearthgallery

Challenge yourself for charity in 2022! We've secured spaces in multiple events this year. Whether you're a runner, cyclist or up for trying something new, we're here to support you raise funds or Cardiff & Vale Health Charity and the Arts for Health and Wellbeing Programme.

» **SIGN UP HERE**

**CHALLENGE YOURSELF FOR  
CHARITY THIS YEAR!**



We have secured a limited number of places in a range of events over 2022.

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The Arts for Health and Wellbeing team have introduced several new creative projects...



### ***CRI Now: a Moment in Time – Exhibition***

A new exhibition is displayed in the Cardiff Royal Infirmary chapel, featuring portraits of current staff captured by Lisa Marie-Mansfield as well and photographs of the site taken by the members of staff themselves. [Read more here](#)

### ***Unlocked – A Spoken Word Performance by Duke Al Durham***

The Arts for Health and Wellbeing team at Cardiff & Vale Health Charity are delighted to present *Unlocked* a spoken word performance by Duke Al Durham. [Watch the spoken word performance here](#)

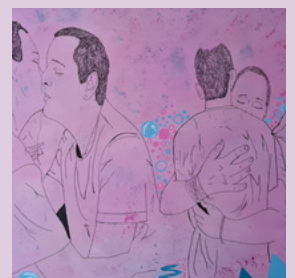


### **John Meirion Rea Commissioned to Create Multi-media Soundscape**

Artist and composer, John Meirion Rea, has been commissioned to create a multi-media soundscape work, exploring the rich community in and around Cardiff Royal Infirmary. [Find out more here](#)

### **Artwork by Jaydan Alexander for Transgender Day of Remembrance**

We are currently working with Jaydan Alexander, a transgender artist on a piece celebrating PRIDE which will soon be displayed at Cardiff Royal Infirmary. [Click here for more information](#)



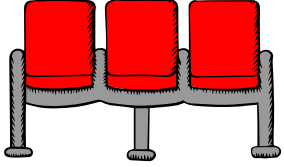
### **A New Wall Vinyl to be Installed at Cardiff Royal Infirmary**

A wall vinyl presenting Health Board staff as super heroes will shortly be installed in the corridor leading to Links.

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### Successful Staff Lottery Bids for Cardiff Royal Infirmary



#### Fold-out Seating

Fold-out seating will soon be arriving in the main corridor to support patients and staff with mobility and respiratory challenges to feel more comfortable when attending the site.



#### Clothing for SARC Patients

Clothing will be gifted to SARC to allow patients to leave the infirmary wearing a fresh set of clothes.

[More information about how to sign up and apply for funding from the Staff Lottery can be found here.](#)

Join Cardiff & Vale Health Charity for an afternoon of music, a charity raffle, a delicious afternoon tea including a selection of cakes, sandwiches and scones accompanied by a glass of prosecco and unlimited tea & coffee.

Taking place on Thursday 17 February, 3.30pm at the Coal Exchange Hotel, £25 per person and all proceeds will go to the Prop Appeal, Supporting Brain Injury Rehabilitation.

[Book here to avoid disappointment](#)

#### *Traditional Afternoon Tea at The Coal Exchange Hotel*

An afternoon of music, including a charity raffle and a delicious selection of cakes, sandwiches, and scones accompanied by a glass of prosecco, and unlimited tea & coffee

Thursday 17<sup>th</sup> February 3.30pm

Raising money for the Prop Appeal,  
Supporting Brain Injury Rehabilitation

An excellent Christmas or Valentines gift - £25 per person

To book please visit [www.healthcharity.wales/events](http://www.healthcharity.wales/events)



The Arts for Health and Wellbeing team are raising funds to support the programme by selling packs of A5 prints. Each of the 10 prints in every pack displays artwork created for Cardiff and Vale University Health Board sites over the past year.

» [PURCHASE HERE](http://www.cardiffandvale.art/cardiff-royal-infirmary-people-place-future)

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### Recent News

#### CAVHIS Launched

On Tuesday 28th September 2021 Cardiff Health Access Practice rebranded to The Cardiff and Vale Health Inclusion Service. A launch event took place to mark the positive changes ahead for vulnerable individuals within Cardiff and Vale. The revised service model will provide access to public health screening and short-term support for vulnerable individuals who find it hard to access healthcare and who are not registered with a GP. CAVHIS aims to provide this service with compassion, treating each individual with respect and dignity. CAVHIS was proud to welcome Councillor Susan Elsmore, Councillor Linda Thorne and Professor Charles Janczewski to cut the ribbon and say a few words to mark the occasion.



#### Ask Ruth - 28th January

On Friday 28th January, 11:30 - 12:30 in Group Education Room - 1st Floor, CRI, Executive Nurse Director, Ruth Walker, will host a drop-in session for nursing staff.

#### A Polite Reminder to Staff...



Pregnancy Advisory Service (GYNAE) are located within Outpatients, rather than the Department of Sexual Health.



Please remember to break down cardboard boxes before putting them in the bin/bin store.

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Staff at Cardiff Royal Infirmary would like to say a **HUGE THANK YOU** to the Estates team for all of their help and hard work recently.



## Ways to Support Us

### Make a Donation

We appreciate every donation made to the Arts for Health and Wellbeing Programme. If you would like to support us by making a donation, please scan the QR code or click on the link:

[www.justgiving.com/campaign/artsforhealthandwellbeing](http://www.justgiving.com/campaign/artsforhealthandwellbeing)



### Fundraise for Us

If you already have an idea for how you'd like to fundraise, please get in touch! We'd love to be able to support you and provide any help we can.

Email us at: [fundraising.cav@wales.nhs.uk](mailto:fundraising.cav@wales.nhs.uk)

Alternatively, you may wish to challenge yourself by signing up to one of our events...

**CHALLENGE YOURSELF FOR CHARITY IN 2022!**



**BARRY ISLAND 10K**

HealthCharity Eusentechnyd **ASP BARRY ISLAND 10K** **ARTS** FOR HEALTH AND WELLBEING

» [SIGN UP HERE](#)

**CHALLENGE YOURSELF FOR CHARITY IN 2022!**



**CARTEN100 2022**

HealthCharity Eusentechnyd **CARTEN100** **ARTS** FOR HEALTH AND WELLBEING

» [SIGN UP HERE](#)

**CHALLENGE YOURSELF FOR CHARITY IN 2022!**



**BIG NHS JUMP**

HealthCharity Eusentechnyd **ONLINE SKYDIVING** **ARTS** FOR HEALTH AND WELLBEING

» [SIGN UP HERE](#)