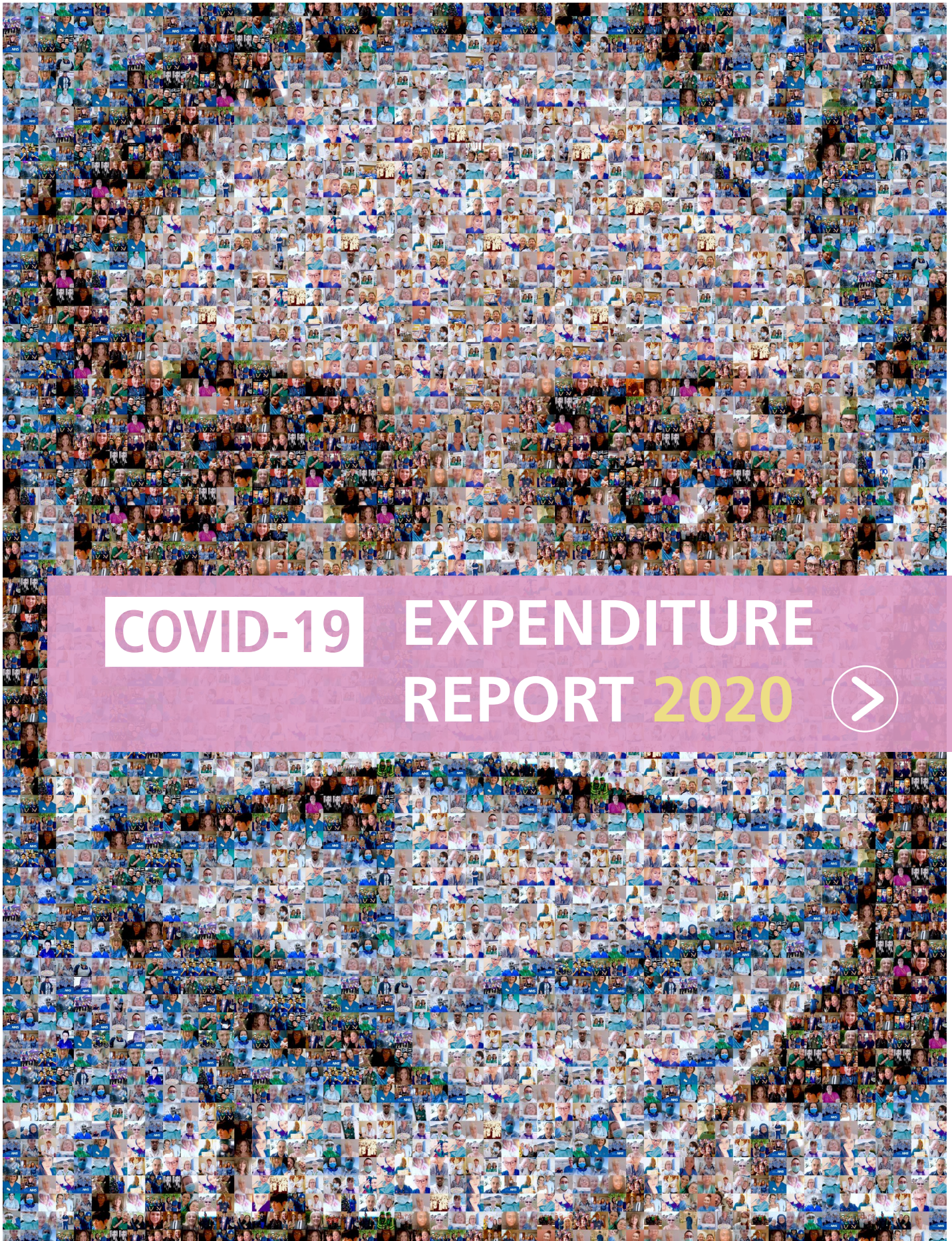




COVID-19 EXPENDITURE REPORT 2020



Introduction

This report details just some examples of how Cardiff & Vale Health Charity has spent monies received via the support shown to us between April 2020 and January 2021, to support our NHS staff, patients and volunteers affected by COVID-19. If you would like to read our Fundraising Report, which details just some of the fundraising activity and support shown to Cardiff & Vale Health Charity during the pandemic, please visit; <https://healthcharity.wales/covid-19-fundraising-support-2020/>

Due to the volume of funding applications by staff members across Cardiff and Vale University Health Board, this report is just a snap shot in time of the many and varied ways we have spent monies received by donations from generous businesses, organisations and members of the public. The report also provides Cardiff & Vale Health Charity and Cardiff and Vale University Health Board another opportunity to say a huge thank you to the generous donors and incredible fundraisers who have done so much to support patients and staff during these unprecedented times. Through this support, £750,470 was raised for Cardiff & Vale Health Charity.

We also very kindly received donations from NHS Charities Together which is the overarching charity that represents, supports and champions each individual NHS Charity in the UK. An unbelievable £150 million was raised for NHS Charities Together in 2020 and is currently being distributed to all 220 individual NHS Charities in various ways.

To date, Cardiff & Vale Health Charity has received £299,737 from NHS Charities Together to support staff, patients and volunteers.

A proportion of the monies have been provided to specifically help those who are disproportionately affected by COVID-19. Further monies are being applied for from NHS Charities Together to support numerous projects around the Health Board to help relieve pressure on NHS services and with the recovery of the NHS in the long term.

We are again so incredibly grateful and thankful for all the support shown to Cardiff & Vale Health Charity and will continue to do all that we can to raise more funds for the benefit of all at Cardiff and Vale University Health Board. Thank you.



Patient Benefit

The examples below detail how monies have been spent to benefit the patients of Cardiff and Vale University Health Board.

Clinical & Digital Enhancements

Several digital enhancements to ongoing services have been provided as a result of recent funding. This included various video materials and technological improvements such as a digital dictation system within the Children's Hospital for Wales. These enhancements will benefit patient and staff wellbeing as well as improve staff training and modernise services.

Various pieces of medical equipment have also been provided to improve and enhance patient care during the pandemic such as waterproof cameras for surgery and Asthma testing equipment.

Cynnwys Therapy Service Room Refurbishment & Mindfulness Kits

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External Notice Board for Whitchurch Medical Centre

Due to restrictions surrounding COVID-19, patients of Whitchurch Medical Centre were unable to use the centre's waiting area to sit and wait for their appointments. The centre was given funding to procure and provide an outside lockable noticeboard which could be used to display important information and updates that would normally be displayed in the waiting room. Providing this noticeboard has enabled another method to display information alongside posting information on their website.



Elderfit Fitness and Gentle Movement DVD's

Elderfit Fitness and Gentle Movement DVD's were provided to Cardiff and Vale University Health Board's Public Health Team to aid with reducing sedentary behaviour and maintain optimum strength and balance in patients over the age of 50.



Improved Hospital Environments

Donations have been used to improve several environments in both clinical and non-clinical areas within the University Hospital of Wales and the University Hospital Llandough enhancing and making them even safer for both staff and patients. These have included laying new flooring within the concourse area of the University Hospital of Wales.

Garden Furniture for Elizabeth Ward

Elizabeth Ward in St David's Hospital have been provided with garden furniture to be used in the ward's garden. Having access to these items including a table, chairs, parasol and tool shed will greatly improve the wellbeing of the ward's patients who have access to the garden, increasing patient engagement and satisfaction as a result.

Hafan Y Coed; Mental Health Inpatient Unit

Therapeutic items along with renovation works including the installation of ward based gyms and a video conferencing room within Hafan Y Coed at University Hospital Llandough were provided to aid in better patient care and more efficient and safe workplace practices. Installing these ward based gyms will help in enhancing rehabilitation and long term management for adult patients with neurological conditions as well as improving staff engagement.

iPads and Electronic Communication Tablets

Electronic Communication Tablets requested by the Patient Experience Team have been provided departments to improve and enhance communication between patients and their families during the difficult circumstances of the pandemic as well as several iPads to be used for volunteer surveys. iPads have also been requested by other departments such as the Maternity Postnatal ward.

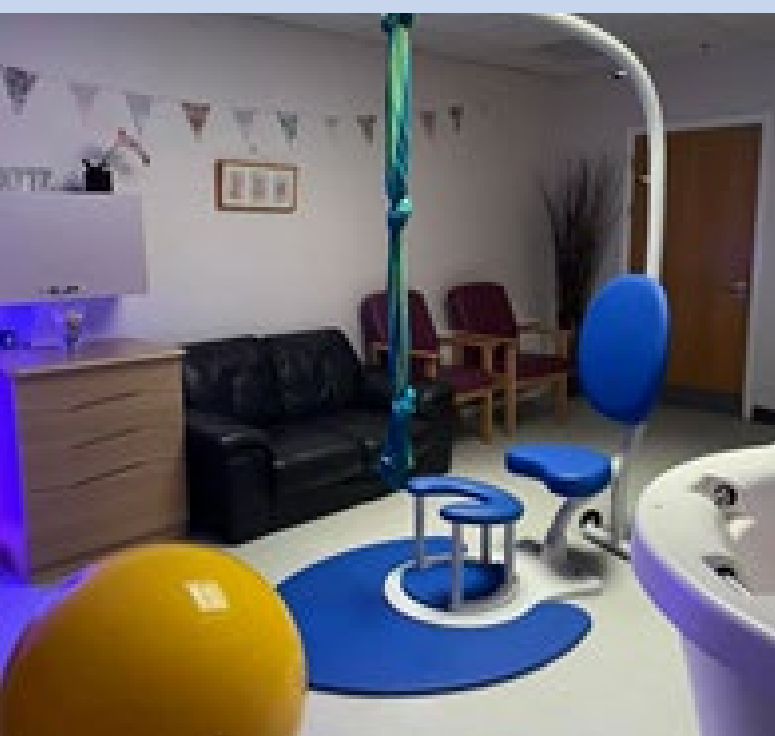
Palliative Care

Several items including recliner chairs and Z beds for patients, TENS machines, heat pads and ECHO Minitech Pro hearing devices were provided to the Palliative Care team. These items will be used to support the staff and enhance the services they provide in supporting their patients, improving patient communication, pain control and care as a result.

Maternity Department

The Maternity Department were provided with several items to enhance the services they provide in supporting their patients. Items include iPads and the required accessories and IT support, Mood lighting for Maternity Unit and Virtual Conferencing support.

Two Multitrac Birth Systems and five birthing stools were also provided to support and encourage women to adopt upright, mobile positions for labour and birth. This investment has helped Maternity support women coming through the department as well as aiding in boosting staff morale and wellbeing within the workplace.



Therapy Items

Various therapy items, which vary from gardening and exercise equipment to arts and crafts activities were provided to departments across the UHB. These items which aid in the treatment and rehabilitation of patients in a number of different settings all positively contribute to improving patient physical and mental health and wellbeing.

Mental Health Services for Older People

The MHSOP Department were provided with an all in one CD, vinyl, cassette, USB and radio music system and speaker to use in their 1:1 reminiscence therapy. Due to the UHB's no visitor policy as a result of COVID-19, the speakers were also useful in enhancing the video calling experience for patients contacting their families, further improving their own mental health and wellbeing.



Occupational Therapy department (MSHOP) says

Thank you!

Cardiff & Vale
Health Charity



GIG NHS
Cardiff & Vale Health Charity

VE Day Celebration Boxes

Boxes to celebrate Victory in Europe Day were provided on request to hospital and community services who care for older people to aid in improving and maintaining positive patient wellbeing with these departments.



Patient Clothing and Activity Items

The Patient Experience Team were provided with funding to purchase and provide items such as toiletries, nightwear etc. to patients to put smiles on their faces during the pandemic. Equipment to transport these items were also provided along with other activity items such as newspapers, stress balls and outdoor activity materials.

Departments such as the John Pathy Day Hospital have greatly benefitted from this and have seen improvements in both patient communication and engagement as a result.

Water Stations

Several water stations allowing staff and patients to refill their water bottles have been installed across a number of UHB sites including University Hospital Llandough, St David's Hospital, Rookwood Hospital and Cardiff Royal Infirmary.



Staff & Volunteer Benefit

The examples below detail how monies have been spent to benefit the staff and Volunteers of Cardiff and Vale University Health Board.

COVID-19 Artwork

Several pieces of art depicting the dedication, sacrifice and hard work of staff and tribute pieces and items for staff who sadly passed away during the pandemic were commissioned, framed and installed within the UHB. Arts and crafts items were also provided to staff, patients and the community to aid in artistic fundraising events such as the Yarn Bombing event for the Prop Appeal.

Diabetes Outpatients – Temporary Drive Through Shelter

Funding was provided to install a temporary drive through shelter for Diabetes Outpatient staff members carrying out finger prick tests on patients to enable them to carry out their duties whilst protecting them from inclement weather.

Staff Havens

Donations were used to provide a number of items to aid with the running of the Staff Havens at both the University Hospital of Wales and University Hospital Llandough. These included staff treat boxes, cleaning products, relaxation sprays and soft throws for the Rainbow Relaxation Rooms. Not only did these items allow the Havens to run more efficiently but they also greatly enhanced the service being provided to our frontline staff during the pandemic.

CAV 24/7

With Cardiff and Vale University Health Board launching their new phone first service CAV 24/7, reusable water bottles were provided to help promote this new service.



Child Health and Children's Rights Animation

Funding was provided to create a bilingual animation in partnership with Promo Cymru to be included in Children's Rights training across Cardiff and Vale University Health Board. The animation will be created with the help of the UHB's Youth Board and will include their voices to present key messages to staff in a meaningful way on behalf of children and young people, a fundraising campaign, which supports patients who have suffered an acquired brain injury at Rookwood Hospital.

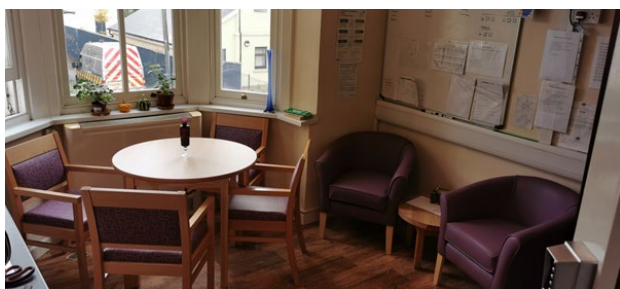
Drive Through for Lung Function and Sleep Apnoea Department

The sleep service has changed to a drive through service where patients collect their sleep study equipment as a result of the COVID-19 pandemic. To help improve the efficiency of the service and improve staff wellbeing several items such as signage, trolleys, chairs and waterproof coats were provided, enhancing both the service and staff morale.

Staff Area Renovations & Resources

A multitude of generous donations have enabled several staff areas to be renovated and updated with new and improved furniture and kitchen appliances. Providing this and other resource materials has had great positive impact on staff physical and mental health and will therefore help improve patient care as a result.

Departments which have requested these renovations and installations include the Dental Sterilisation and Disinfection Unit, the Phoenix Community Rehabilitation and Recovery Service, the Community Nutrition and Dietetic Service, the University Hospital of Wales and St Davids Occupational Therapy Departments and St Mary's Pharmaceutical Unit and Clinical Engineering Department. Appliances were also provided to the Radyr District Nurse Team, the Young Onset Dementia Service, the Pendine Community Mental Health Team, the Nutrition and Dietetics Department at University Hospital of Wales and University Hospital Llandough and the Children's Speech and Language Therapy Team.



Guardian 24 Lone Worker Protection Devices

Cardiff & Vale Health Charity have funded the purchase of additional Guardian 24 Lone Worker Protection Devices for Cardiff and Vale University Health Board staff who are victims of domestic abuse and stalking. The devices provide vulnerable individuals with a simple but effective way to call for assistance in emergency situations, providing a 24 hour response from a manned UK based Incident Management Centre that will immediately respond to alarm activations.

Resources for COVID-19 Research

The Neurology Department at the University Hospital of Wales were investigating the prevalence of COVID seropositive patients in a Cardiff cohort of 1000 people with multiple sclerosis (MS), to inform patient care during present and future pandemics. Funding was given to procure and provide the necessary resources for the department to carry out their research utilising remote bloodspot testing.

South and East Locality Team Staff Room Installation

In 2020, the South & East Locality Team moved to their new offices in Cardiff Royal Infirmary and were provided with funding to install a staff room within their department. Items such as a microwave, fridge, table, chairs, fans, noticeboards and art were provided and will help greatly improve the environment and staff morale as a result.

Staff Wellbeing

It is crucial to look after one's mental health. To assist in caring for the UHB's staff during the pandemic, several items were provided to improve and maintain their physical and mental wellbeing. These included Interactive Wellbeing Resources Guide & Posters, Active Minds starter packs, patient workbooks, mindfulness kits, a 12 page, 'Living and working well in isolation' leaflet, a 'Writing in Lockdown' project and several staff treat boxes. Drinks and ice lollies were also provided to our frontline staff working in PPE during the extreme heat at the height of the pandemic.

Surgery Stars Celebration Event Support

Surgery Clinical Board have organised the Surgery Stars Celebration Event to recognise their star staff throughout the year. Funding was approved to provide prizes, awards and refreshments for the event which will help improve staff morale and mental wellbeing as a result.

Ysbyty Calon Y Ddraig

Due to the size of the Principality Stadium, electric scooters were provided to the staff working at the Dragon's Heart Hospital – Ysbyty Calon Y Ddraig to aid in the efficient completion of their operational duties.

To promote the work of the hospital and the UHB's COVID response, 2000 reusable water bottles and pin badges depicting the Dragon's Heart Hospital's logo were provided along with Cardiff & Vale Health Charity rainbow lanyards for staff members. Radios were also purchased to be placed on patient bedsides within the hospital.



The Teddy Bear Nursey Garden Project

The Teddy Bear Nursery has provided emergency childcare for staff during these unprecedented times. The University Hospital Llandough nursery was provided with funding to install a roof to their outside decking area, enabling all weather access and ventilation. This has allowed the area to be utilised to ensure that social distancing guidelines are maintained, also providing the children with another recreational area.

Training for Obstetrics and Gynaecology Staff

The gold standard for operative gynaecology is laparoscopy, promoting prudent healthcare and best outcomes for patients. Laparoscopic skills require intense training with improvement in surgical performance following repeated exposure.

Simulation using technology alongside hands-on training is recognised in improving surgical skills. Funding was given to enable the provision of a training programme addressing the deficiencies caused by COVID-19 to minimise disruption to training and service delivery for future patients.

World Patient Safety Day Promotional Items

The Patient Safety and Quality Team organised events to celebrate World Patient Safety Day 2020. The events were held to increase public awareness and engagement, enhance global understanding and spur global solidarity and action to promote patient safety. In order to promote and advertise the events further, 500 pens and 250 trolley keyrings were funded and provided.

Our Community Partnerships

Third Sector

The examples below detail how monies have been spent to support local Third sector organisations during the pandemic. Working in partnership with Glamorgan Voluntary Service, Cardiff & Vale Health Charity has supported a range of third sector organisations to make a big difference within the communities of Cardiff and Vale University Health Board.

Age Connects

Age Connects Cardiff and the Vale were awarded monies to purchase iPads for Hospital Discharge and Advocacy Staff. This will allow the staff to support older people and their families with discharge planning and allow their service users more involvement in the planning.

Elderfit

Elderfit (Cardiff and the Vale of Glamorgan) were awarded monies for staff costs to create audio exercise classes so service users can exercise from home. This will assist those with visual impairments and provide tailored support.

Forget Me Not Chorus

Forget Me Not Chorus (Cardiff and the Vale of Glamorgan) were awarded monies to hold outdoor concerts at Llandough Hospital, St David's Hospital and a series of Zoom taster sessions for people with dementia, as well as Project Manager and evaluations costs.

Huggard

Huggard (Cardiff) was awarded monies to purchase equipment for an IT Development Hub. This Hub will help people who are homeless access IT services at a time when so many more services are being provided digitally during the COVID-19 pandemic.

Headway

Headway (Cardiff and the Vale of Glamorgan) were awarded monies for staff and volunteer costs. The funding will also purchase PPE, a mobile handset and a monthly contract. This funding will support a pilot project for a walking/wheeling group for those with brain injuries in the Vale of Glamorgan.

MS Society

MS Society (Cardiff and Vale of Glamorgan) was awarded monies for staffing costs to deliver health/wellbeing engagement activities. This project will deliver online courses to prepare service users to start exercising after being in lockdown. The project will also host various health/wellbeing engagement sessions to help service users' anxieties through face to face support. It will allow them to expand into the Vale of Glamorgan.

With Music in Mind

With Music in Mind (Vale of Glamorgan) were awarded monies for staffing costs, reorientation packs and PPE items. The PPE equipment and reorientation packs will allow the organisation to prepare its staff and service users for a safe return to regular services.

Black, Asian and Minority Ethnic Community Benefit

The examples below detail how monies have been spent to benefit members of Black, Asian and Minority Ethnic communities in both clinical and local community settings in Cardiff and Vale of Glamorgan. Support was also provided for BAME projects to Third Sector Organisations such as Cardiff Women's Aid, Innovate Trust, Jukebox Collective and the Sudanese Integration Association.

Black Lives Matter Artwork

Funding enabled several art projects around the Black Lives Matter movement to be commissioned. The projects will be using artists from the BAME (Black, Asian and Minority Ethnic) community to commission and influence the work in line with Cardiff and Vale University Health Board's inclusivity agenda.

Cardiff Women's Aid

Cardiff Women's Aid (Cardiff and the Vale of Glamorgan) were awarded monies for word press site developer costs, consultant costs and a survey monkey subscription. This will support CWA with its aims and provide training, education and support to service users which would include people from under-represented groups

Jukebox Collective

Jukebox Collective (Cardiff) was awarded monies for venue costs, travel expenses and PPE. This project will allow young people of BAME backgrounds to gain skills and create a place to express themselves. The project will also explore different cultures.

Innovate Trust

Innovate Trust (Cardiff and the Vale of Glamorgan) was awarded monies to purchase electronic tablets to allow service users to utilise online services. This has been especially beneficial during the COVID-19 pandemic, widening the reach of the service and ensuring that social distancing guidelines are followed.

Cardiff Health Access Practice

Cardiff Health Access Practice (CHAPS) received funds to help support Black, Asian and Minority Ethnic (BAME) people coming into the Cardiff & Vale Asylum Seeker Service as well as the UHB and third sector staff, such as Wellbeing 4U, who work in the service. The support will greatly benefit both the staff and patients within the service resulting in better patient care and improved physical and mental health and wellbeing.

Sudanese Integration Association

Sudanese Integration Association (Cardiff) was awarded monies to purchase IT equipment and support volunteer expenses, interpretation costs and facilitator costs. The project would loan out IT equipment to support families, offering disadvantaged BME families specialised support/information regarding COVID-19.

Maternity Equipment for Asylum Seekers

Specialist asylum seeker midwives were provided with equipment such as breast pumps, pregnancy pillows and pregnancy supportive pants to be given out to women under the asylum process as they are unable to provide these for themselves. The equipment is greatly beneficial to these women as they provide much needed comfort and support and thus aids in improving their own mental health and wellbeing during pregnancy.

Gareth Bale Fund

The examples below detail how monies received from Wales and Tottenham Hotspur football legend, Gareth Bale and his wife Emma have been spent to specifically support COVID recovery and to benefit the University Hospital of Wales site.

Long COVID-19 Rehabilitation: Keeping Me Well and Recovery

Funding was provided to support an innovative project to support the development of the 'Keeping me Well' interactive digital resource and campaign to benefit Cardiff and Vale University Health Board patients and staff. The digital platform will be a vital resource that patients can be signposted to, through attending a 'Long-COVID' multidisciplinary rehabilitation clinic which is being established by the Health Board to support people experiencing symptoms of post-COVID syndrome or 'Long-COVID' in the weeks and months after having COVID-19. As many of our patients aren't able to visit UHB environments or feel anxious at entering a hospital setting, this will enable them to receive education, exercises, treatment and/or psychological support remotely.

Proactive Wellbeing Support for Staff and Managers

Funding was provided to initiate a project, aimed at embedding wellbeing throughout the career pathway of Cardiff and Vale University Health Board staff with life-long benefits. Using the Society of Occupational Medicine's model to develop wellbeing resources and initiatives, it will provide a preventive and proactive approach to wellbeing across the whole Health Board. The project is supporting staff and managers to rebuild their psychological resilience in the workplace, not only in the current COVID-19 environment but also during the rest of their NHS career.

Provision of a Staff Haven at University Hospital of Wales

It is vitally important that both during this current COVID-19 pandemic and in other times of challenges, our staff have access to an area to take time to relax and decompress. The Staff Haven was created, in the initial UHB response phase and available through the Resilience and Restoration phases of the pandemic and will become a permanent facility. This dedicated Staff Haven will be flexible to meet the changing needs of staff

If you would like more information on how you can help 'Spread the Love' and help our frontline NHS Teams through this pandemic then please visit Cardiff & Vale Health Charity's website; <https://healthcharity.wales/how-to-help-during-covid-19/>, contact us via email; Fundraising.cav@wales.nhs.uk or make a donation here; <https://www.justgiving.com/campaign/spreadthelove>
Frontline NHS staff go to work to keep us and our loved ones safe. The greatest thing we can do right now to return the gesture is to follow the most up to date guidelines set out by both the Welsh Government and Public Health Wales.